



# **Mystic River - A Natural & Human History & Recreation Guide: including Winchester, Arlington, Cambridge, Medford, Malden, Somerville, Everett, Charlestown, & Chelsea**

*Richard H. Beinecke*

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Everything you nee**Everything you need** to enjoy the **Mystic River** basin - one of the most overlooked and dynamic regions of Boston and New England!

- The towns that set the scene for the formation of America including **Cambridge, Chelsea, Somerville, Malden, Medford, Winchester, Arlington**, along with **Boston & Charlestown**.
- The backdrop for the Battle of **Bunker Hill, Paul Revere's Ride**, the Battles of **Lexington & Concord**, the Clipper ships, the Slave Trade, and even Amelia Earhart.
- Detailed instructions for self-guided kayak and biking trips.
- Tips for the best **birding, hiking, touring** and other recreational opportunities.
- Includes over **60 high resolution photos**, historic illustrations, and maps including exclusive link to interactive **Google Map**.
- The ecological challenges facing this diverse environment.

The ***Mystic River, A Natural and Human History and Recreation Guide*** provides everything you need to enjoy this fascinating and overlooked area of the country. Whether your goal is to learn about the history of these amazing towns, or find the best self-guided kayak or biking trips, even where to hike or go birding, this book does it all.

Developed in conjunction of the Mystic River Watershed Association (**MyRWA**), the book includes both natural and human histories. You will gather amazing and unappreciated insights about some of the most influential towns in New England - Cambridge, Chelsea, Somerville, Malden, Medford, Winchester, Arlington, along with Boston & Charlestown.

Just some of the things you will learn about include:

- in **Chelsea**, the Battle of Chelsea Creek, which set the scene for the Battle of Bunker Hill;
- in **Arlington**, the Jason Russell House, where the bloodiest fighting took place during the British retreat from Concord and Lexington;
- in **Medford**, the sites of the some of the most prolific rum-making and shipbuilding in Colonial America (including famous Clipper ships that conquered the China trade);
- in **Winchester**, the site of the Mystic Lakes, and transit for the Middlesex Canal, which enabled the industrial revolution;
- in **Charlestown**, the amazing Native American and pre-colonial history that preceded the Battle of Bunker Hill;
- **Somerville**, the companies that created American icons Marshmallow Fluff, NECCO Wafers, and even the first adjustable pipe wrench - the Stillson Wrench.

Most of all, learn the story of the Mystic River and the renaissance that is taking place along her banks. The Mystic is the Boston area's best undiscovered gem, and an area to be enjoyed and treasured by paddlers, bikers, hikers, birders, artists, cinema buffs - everyone!

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**Barbara Duty:**

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