



Study Guide for the National Counselor Examination and CPCE

Andrew A. Helwig

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The Study Guide for the National Counselor Examination and CPCE prepares professional counselors and graduate students in counseling for state-level licensure exams and graduate comprehensive exams. It is also used for preparation for the National Counselor Exam used for national certification to become a National Certified Counselor (NCC).

The focus of the Study Guide is the eight CACREP content areas which are examined by the NCE, CPCE and many other similar exams. This seventh edition has revisions throughout and extensive new material has been added in the following areas: DSM-5, the ACA Code of Ethics, neurobiology, dialectical behavior therapy, mindfulness, distance and technology counseling and wilderness therapy. Other new areas include the Affordable Care Act, ethics code changes, the role of CACREP, and updated reference lists.

The Study Guide includes two practice exams, study tips, test taking strategies, the ACA Code of Ethics, and additional exam prep resources. Because the information in the eight content areas is double-spaced, with considerable outlining of materials and the bolding of important concepts, the study material is manageable and the book is user-friendly.

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