



The Foundation and Future of Feminist Therapy

Marcia Hill, Mary Ballou

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Explore the obstacles and challenges involved in bringing feminist values and techniques into mainstream therapy

Feminist therapy has been challenging mainstream therapy thinking and practice for the past thirty years. The Foundation and Future of Feminist Therapy is the first book to provide a summary and compilation of that history. It describes the work of the major contributors, early and recent, and gives a terrific overview of the rich and radical development of feminist therapy from a variety of perspectives.

The Foundation and Future of Feminist Therapy honors the work of women such as Laura Brown, Iris Fodor, Miriam Greenspan, Hannah Lerman, and Lenore Walker, who developed, and who continue to develop, feminist therapy theory and practice. This book breaks new ground by envisioning a feminist-informed future in the areas of therapy practice, the education of therapists, and community. It also provides an unflinching look at the challenges and threats to developing that future and offers suggestions for action.

The Foundation and Future of Feminist Therapy includes the work of past and present contributors to feminist theory on topics such as:

- the complex intertwining of gender and other oppressions
- the impact of race and ethnicity
- the effects of sexual orientation, age, class, disability, and refugee and immigrant status
- discussions about violence against women
- feminist theory from a wide range of perspectives, from relational-cultural to multicultural theory
- perspectives on trauma
- the discussions at a conference that imagined a future informed by feminist principles
- and much more!

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