



Paediatric Exercise Science and Medicine

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Now in its second edition, *Paediatric Exercise Science and Medicine* is the leading reference work designed to support and challenge those involved in developmental exercise science and medicine. Since the publication of the first edition, the paediatric sub-specialty has become firmly established as a major component of sport and exercise medicine and this is reflected by a marked increase in research activity and publication. Experimental methods pioneered with adults have been successfully adapted for use with children and new non-invasive techniques have been developed and applied to paediatric research to provide new insights into understanding the exercising child.

Incorporating the latest research from established, internationally recognized authors and new contributors who have emerged as leading researchers since the publication of the first edition, each chapter has been comprehensively updated to reflect evidence-based advances in knowledge. The book is extensively cross-referenced to promote access to complementary material and each chapter ends with a bulleted summary to support the rapid identification of key issues.

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