



# Journey Into Now: Clear Guidance on the Path of Spiritual Awakening

*Leonard Jacobson*

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## **Journey Into Now: Clear Guidance on the Path of Spiritual Awakening** Leonard Jacobson

With perfect precision, the author guides the reader along a path of awakening which leads to liberation from the pain and limitations of the past into the joyful and unlimited world of Now. This book reveals, in the simplest way, how to still the mind and become fully present and awake in the truth of life. Perhaps the most important aspect of this book is the author's unique insight into the nature of the mind and ego. He describes in detail how the ego's resistance to Presence is the primary obstacle to awakening and how we can overcome that resistance in a simple and effective way. Each page of this book reveals a part of the mystery. There are hidden keys to awakening on every page. It is like a road map home.



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