



# Hip Hop & Sankofa - Poetry, Spoken Word, and Rap

*Kerry A. Foster*

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Hip Hop & Sankofa employs the sway of poetry to instruct, awaken and motivate people of African descent from a historical and cultural context, and takes into account daily reflections to promote healthy identity and community development. Instruct the youth of African descent concerning past [and] present Africana history, and to keep it 100, which makes this book an excellent resource for teachers, counselors, youth workers and advocates who work with youth in general. Awaken those of African descent to be the powerful people history records-Creators, Restorers and Transformers of civilisations. Challenge the youth to become reflective and sensitive about the present challenges of Black people and move with diligence to redress negative stereotypes, faulty histographies and behaviors that contribute to genocide. Motivate the youth of African descent to learn [their] history, read more, think critically, and research. To look within themselves and use the arts to develop culturally relevant spiritual, cognitive, and soulful therapeutic interventions to help confront issues around negative identity shaping, i.e. dogs and bitches mentality, anger, instant gratification, drug addiction, abandonment, labeling, low self-esteem, crime etc. Consequently, Hip Hop & Sankofa demonstrates the relationship between poetry, spoken word and rap to tell as well as rehearse Ourstory and confront those issues and concerns we face daily here and abroad in the spirit of Sankofa. Hip Hop & Sankofa is a call to consciousness, transformation, celebration, and action-Akoben.



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