



# Multicultural Handbook of Food, Nutrition and Dietetics

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# Multicultural Handbook of Food, Nutrition and Dietetics

## Multicultural Handbook of Food, Nutrition and Dietetics

*Multicultural Handbook of Food, Nutrition and Dietetics* is the must have practical resource for dietitians, nutritionists and students working with both well settled but also recently migrated ethnic groups.

Written by a team of authors drawn from the British Dietetic Association's Specialist Multicultural Nutrition Group the book provides in-depth information to equip the reader in the provision of nutrition advice to minority groups. Spanning a broad range of cultural groups the book seeks to consider religious and cultural requirements in relation to traditional diets; research on migration studies and chronic disease states; and nutrition and dietetic treatment in relation to key chronic diseases.



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