



Prayers for Healing: 365 Blessings, Poems, & Meditations from Around the World

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As recent scientific research shows, the simple act of praying can be emotionally, spiritually, and even physically healing. With Prayers for Healing, Maggie Oman invites readers into a healing space that can transform both mind and body. Organized in daybook form, the book focuses on healing in all its dimensions - physical, emotional, interpersonal, social, and environmental. Quotations range from sources such as the Bible, the Tao Te Ching, the Koran, the Torah, and Native American texts, as well as from Deepak Chopra, Rumi, Martin Luther King Jr., Marianne Williamson, and others. Together they create a tapestry of comfort and inspiration for rejuvenation and renewal.



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