



Vegan Slow Cooker for Beginners: Essentials to Get Started

Rockridge Press

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Now you can whip up quick, filling vegan meals straight from your slow cooker.

Vegan Slow Cooker for Beginners will take the time and frustration out of cooking vegan at home. *Vegan Slow Cooker for Beginners* offers healthy, simple vegan slow cooker recipes designed perfectly for the busy vegan. *Vegan Slow Cooker* shows you how to use your slow cooker to make hearty vegan meals and save hours of time every day. With 150 easy and delicious vegan slow cooker recipes, *Vegan Slow Cooker for Beginners* is a comprehensive guide to creating nutritious and flavorful plant-based meals--with enough for leftovers.

Vegan Slow Cooker for Beginners will show you how to create easy vegan slow cooker meals with:

- 150 delicious and simple vegan slow cooker recipes
- Vegan slow cooker crowd-pleasers, such as Black Bean Breakfast Burritos, Vegan Eggplant Parmesan, and Chocolate-Peanut Butter Cake
- Tips for buying the slow cooker that's right for your lifestyle
- Advice on stocking your pantry and equipping your kitchen from the editors of *Vegan Slow Cooker for Beginners*

Vegan Slow Cooker for Beginners is your no-hassle guide to enjoying the healthful benefits of a vegan lifestyle.



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From reader reviews:

Michael Riddle:

Spent a free time for you to be fun activity to perform! A lot of people spent their free time with their family, or their friends. Usually they undertaking activity like watching television, gonna beach, or picnic in the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Could possibly be reading a book may be option to fill your totally free time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to try look for book, may be the book untitled Vegan Slow Cooker for Beginners: Essentials to Get Started can be excellent book to read. May be it is usually best activity to you.

Hilda Szymanski:

A lot of people always spent all their free time to vacation or go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. In order to try to find a new activity this is look different you can read the book. It is really fun for yourself. If you enjoy the book that you just read you can spent the entire day to reading a reserve. The book Vegan Slow Cooker for Beginners: Essentials to Get Started it doesn't matter what good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore easily to read this book from your smart phone. The price is not too costly but this book possesses high quality.

Elizabeth Pipkin:

Do you have something that you prefer such as book? The book lovers usually prefer to choose book like comic, quick story and the biggest the first is novel. Now, why not trying Vegan Slow Cooker for Beginners: Essentials to Get Started that give your enjoyment preference will be satisfied by means of reading this book. Reading behavior all over the world can be said as the way for people to know world considerably better then how they react to the world. It can't be claimed constantly that reading addiction only for the geeky particular person but for all of you who wants to always be success person. So , for all of you who want to start reading through as your good habit, you are able to pick Vegan Slow Cooker for Beginners: Essentials to Get Started become your starter.

Anita Burns:

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