



Heal Your Body

Louise Hay

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Heal Your Body is a fresh and easy step-by-step guide. Just look up your specific health challenge and you will find the probable cause for this health issue and the information you need to overcome it by creating a new thought pattern. **Louise Hay**, bestselling author, is an internationally known leader in the self-help field. Her key message: "*If we are willing to do the mental work, almost anything can be healed.*" The author has a great deal of experience and firsthand information to share about healing—including how she cured herself after having been diagnosed with cancer.

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