



Untangled: Let God Loosen the Knots of Insecurity in Your Life

Carey Scott

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All women want to feel is valued. But problems arise when we seek confirmation that we are *enough* using the world's standards. Almost from birth, we are trained to find the approval and acceptance we crave in the eyes of family, friends, and even strangers. The result is that we cannot believe we are who God says we are—accepted, loved, beautiful, and treasured. We get tangled up in the world's assessment and our own self-judgment.

With hope-filled writing and plenty of hard-won personal advice, Carey Scott shows women how to untangle their self-esteem from the world and anchor it in Jesus. She lovingly shows readers that God was intentional in how he made them and that he is well pleased with his work. Women will learn practical strategies to escape unattainable standards and the performance-based measuring stick of the world, and find comfort in the fact that they are not alone on the journey.



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