



Make Your Life Prime Time: How to Have It All Without Losing Your Soul

María Celeste Arrarás

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Every day millions across America tune in to watch María Celeste Arrarás, one of the most trusted media personalities of Hispanic television, who has successfully crossed over into the English-language market.

In spite of the difficult obstacles she has confronted in her life, María Celeste has been able to move forward and triumph against all odds as a woman, a mother, and a professional. What is her secret? You will find the answer in *Make Your Life Prime Time*, an empowering and uplifting guide for succeeding in all areas of life.

Through a series of autobiographical anecdotes, María Celeste shares with her fans the formula to achieve fame, fortune, and emotional fulfillment, all at the same time. She is proof that it is possible to survive heartbreak and find true love without sacrificing professional success and the dream of having a family.

María Celeste shares the lessons she learned from her parents' divorce, the adoption of one of her sons in Russia, and the abuse that her other son suffered at the hands of a nanny. She talks about the betrayal by her unfaithful husband and making peace with the "other woman." And she reveals how her personal assistant stole her identity and thousands of dollars in the midst of her divorce.

Make Your Life Prime Time takes you behind the scenes of the fascinating, fast-paced, and cutthroat world of television like never before. This book is funny and moving, inspiring and powerful. It's a lesson on the power of forgiveness and the importance of striving for excellence.



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