



How to Help Your Friend with Cancer

Colleen Fullbright

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Winner of:

2015 Merit Award, National Health Information Awards

Many studies affirm that friends can make a profound difference in the well-being of a person with cancer, but friends often find themselves riddled with questions: I want to help, but what do I say? How best can I help my friend with practical matters? What about spiritual support? Many are hesitant to take any action; they need ideas that are helpful in a variety of situations and quickly accessed. *How to Help Your Friend with Cancer* provides insight into a friend's cancer experience in each part of the journey, answering questions such as *What do caregivers cite as their number one need?* and *What does a cancer patient fear most when active treatment is over?* It contains suggestions for expressing concern and helping in practical ways throughout a friend's cancer experience, from diagnosis, through treatment, and after active treatment.

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Shawn Martinez:

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