



## Stepping Up - Leader Guide: A Journey Through the Psalms of Ascent

*Beth Moore*

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## **Stepping Up - Leader Guide: A Journey Through the Psalms of Ascent** Beth Moore

**Stepping Up: A Journey Through the Psalms of Ascent - Leader Guide** by **Beth Moore** provides the step-by-step guidance for a leader to facilitate this 6-week women's Bible study of Psalms 120-134.

Traveling pilgrims sang these psalms both on the way to the great festivals of the LORD and as key elements of the worship at those festivals. Just as a song or poem can express feelings of fear, doubt, hope, and joy, these 15 psalms model how we can voice our own petitions and praises to our God, who is always available and ready to hear us.

Explore the major feasts of Israel and journey with Beth through this 7-session study. Themes of unity, joy, gratitude, redemption, repentance, the power of blessings, facing ridicule, and more are explored in detail. Modern-day believers in Jesus Christ can learn much from these treasured Psalms in their journey toward greater intimacy with God.

### **The Leader Guide includes:**

- Step-by-step instructions for facilitating the group sessions using the Member Book and DVD video sessions
- Retreat Guide with schedule and helps for enlisting and conducting the retreat



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